



# IKKA



## Steinmann Dojo

*Internationale Shinkyokushin Karate Academy  
Member of SSKA and WKO*

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## Schedule Swiss-Open 2019

### Sunday 19.5.19

**11.00 am**

*registration / weight control  
Sporthall Eichli, Stans*

***All competitors must bring  
the completed Medical Journal***

**11.30 am**

***Referee-Meeting***

**12.00 am**

***Coach-Meeting***

**13.00 pm**

***Opening Ceremony:***

- Opening drum*
- Competitors' marching in Dogi*
- Swiss National anthem*
- Opening Speeches*
- Competitors' marching out*

**13.30 pm**

*start fighting to Semifinal*

**15.15 pm**

*Tameshiwari Semifinal*

**16.00 pm**

*break*

**16.30 pm**

*Semifinal  
fight for third and fourth place*

**17.00 pm**

*final, all categories*

**18.00 pm**

*Closing Ceremony:  
-Entry of prize winners Ceremony  
(in Dogi)  
-closing speeches  
-closing drum*

**20.00 pm**

*Sayonara-Dinner*