



18th SWISS – OPEN Juniors-Championship 2025



Swiss-Shinkyokushin-Association
SSKA



Member of WKO+EKO



Country Representative / Branch Chief

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Date:

Saturday, May 3th

Location:

Sports hall Eichli, Stans

Competition:

Kumite and Kata

Registration:

Friday, May 2th from 3pm at Honbu-Dojo Oberdorf

Kumite-Boys:

U7 Boys Open weight

U 8-9 Boys -30Kg

U 8-9 Boys +30Kg

U10-11 Boys -33Kg

U10-11 Boys -40Kg

U10-11 Boys +40Kg

U12-13 Boys -40Kg

U12-13 Boys -46Kg

U12-13 Boys -54Kg

U12-13 Boys +54Kg

U14-15 Boys -50Kg

U14-15 Boys -56Kg

U14-15 Boys -62Kg

U14-15 Boys -70Kg

U14-15 Boys +70Kg

U16-18 Boys -55Kg

U16-18 Boys -60Kg

U16-18 Boys -65Kg

U16-18 Boys -70Kg

U16-18 Boys -75Kg

U16-18 Boys +75Kg

Kumite-Girls:

U8-9 Girls Open weight

U10-11 Girls -33Kg

U10-11 Girls +33Kg

U12-13 Girls -40Kg

U12-13 Girls -46Kg

U12-13 Girls -54Kg

U12-13 Girls +54Kg

U14-15 Girls -50Kg

U14-15 Girls -59Kg

U14-15 Girls -65Kg

U14-15 Girls +65Kg

U16-18 Girls -50Kg

U16-18 Girls -55Kg

U16-18 Girls -60Kg

U16-18 Girls -65Kg

U16-18 Girls +65Kg

Fighting-time:

- 1. Round 2 minutes, if hikiwake (equal)**
- 2. Round 2 minutes, if hikiwake + no weight difference**
- 3. Round 1 minute, referee decision**

Competition-Regulations:

- The competition will be fought with full contact.**
- All Shin-Kyokushin technics are allowed**
- Fighting-time is 2x2 minutes, prolongation 1 minute**
- Half a point = Waza-Ari. Full point = Ippon.**
- In order to win, leading half a point is necessary.**
- If there is hikiwake (equal) there is a first prolongation. After a second equal in the second prolongation, the fighters' weight will be compared.**
- In categories U7-U14-15 there has to be a difference of 2 kilos in order to win.**
- In category U16-18 the weight difference has to be 3 kilos.**
- If the weight difference should be too low in any of the categories, there is one last prolongation which will be decided by the referee.**

Kata - Girls:

U7-11 Girls KATA (10 KYU, 9 KYU, 8 KYU, 7 KYU)

U12-18 Girls KATA (10 KYU, 9 KYU, 8 KYU, 7 KYU)

U7-11 Girls KATA (6 KYU, 5 KYU, 4 KYU, 3 KYU)

U12-18 Girls KATA (6 KYU, 5 KYU, 4 KYU, 3 KYU)

U12-14 Girls KATA (2 KYU)

U12-18 Girls KATA (2 KYU)

U15-18 Girls KATA (2 KYU)

Kata – Boys:

U7-11 Boys KATA (10 KYU, 9 KYU, 8 KYU, 7 KYU)

U12-18 Boys KATA (10 KYU, 9 KYU, 8 KYU, 7 KYU)

U7-11 Boys KATA (6 KYU, 5 KYU, 4 KYU, 3 KYU)

U12-18 Boys KATA (6 KYU, 5 KYU, 4 KYU, 3 KYU)

U12-14 Boys KATA (2 KYU)

U12-18 Boys KATA (2 KYU)

U15-18 Boys KATA (2 KYU)

Kata – mixed (Girls+Boys)

U12-18 Mixed Team KATA 3 Competitor

Kata-Regulations:

U7-11 Girls + Boys (10 KYU, 9 KYU, 8 KYU, 7 KYU)
U12-18 Girls + Boys (10 KYU, 9 KYU, 8 KYU, 7 KYU)

Compulsory Kata:
Katas open to choice:

Taikyoku-Sono-Ichi
Taikyoku-Sono-Ni and San
Pinan-Sono-Ichi

U7-11 Girls + Boys (6 KYU, 5 KYU, 4 KYU, 3 KYU)
U12-18 Girls + Boys (6 KYU, 5 KYU, 4 KYU, 3 KYU)

Compulsory Kata:
Katas open to choice:

Pinan-Sono-Ichi
Pinan-Sono-Ichi, Ni, San, Yon

U12-14 Girls + Boys (2 KYU)
U12-18 Girls + Boys (2 KYU)

Compulsory Kata:
Katas open to choice:

Pinan-Sono-Go
Gekisai-Dai, Tsuki-No Kata, Yantsu,

U15-18 Girls + Boys (2 KYU)

Compulsory Kata:

Yantsu, Tsuki No Kata, Gekisai Dai,

Katas open to choice:

Yantsu, Tsuki No Kata, Saiha
Gekisai Dai, Gekisai Sho

Kata of all three rounds must be different.

U12-18 Mixed Team KATA 3 Competitor

Compulsory Kata:
Katas open to choice:

Pinan-Sono-Go
Gekisai-Dai, Tsuki-No Kata, Yantsu

Kat.U7 to U15-18

- The evaluation system applies analogously to Kumite. Two kata runners compete against each other in each round. First Shiro (white) and then Aka (red) runs his kata. The five judges use flag scoring to decide who will move on to the next round. There is no draw, but always a decision by the judges. However, the kata may be started a second time if the kata runner gets lost the first time. Starting a second time has a corresponding influence on the judges' rating.
- **Compulsory and free kata**
The compulsory kata must be run in the first and second rounds, in the following rounds, the free kata, whereby each free kata can be performed as often as desired.
- **Competition list**
Each competitor is randomly assigned to another competitor. There may be byes.
- **Ranking**
The fight for the third place (small final) will be held.
- **Referee**
The judges consist of a team of 1 main judge and 4 corner judges. The main judge gives the appropriate commands. The kata runner who receives more flag decisions in his favor advances to the next round.

U15-18 Girls + Boys (2 KYU) = three rounds; there must be at least 8 competitor

Demonstration of the compulsory kata:

- On the call of the announcer (containing the entry-number, the name and country of the person) the competitor steps to the rim of the demonstration area and makes a bow.
- On the command of the main judge (Nakai!) the competitor steps to the starting line and makes a bow to the judge.
- The main judge draws one of the kata cards kept in his hand – which contain the names of the compulsory katas – and announces the kata which is to be performed.
- The competitor repeats the name of the kata loudly.
- On the command of the main judge (e.g.: Mokuso! Tsuki-no Kata Yoi, mogore Hajime !) the competitor starts the demonstration.
- Having completed the kata, on the main judge's command "Naore! Yasume" the competitor steps back to the starting line and waits for the decision.

Demonstration of the free katas:

- The starting procedure is the same as in the case of a compulsory kata.
- After the bow the competitor announces loudly the name of the kata he/she is going to perform.
- The main judge repeats loudly the name of the announced kata.
- On the command of the main judge the demonstration starts.
- The ending procedure is the same as in the case of a compulsory kata.

Award:

Kata:	1 st – 3 rd place, Cup, medallion and certificate
Kumite:	1 st – 3 rd place, Cup, medallion and certificate (two 3 rd places)
Best Technique	Girls and Boys
Best Spirit	Girls and Boys

All competitors will get a medallion.

Referee:

Registration for referees is mandatory for all dojos and countries

Example: up to ten competitors: one Referee
up to twenty competitors: two Referees
up to thirty competitors three Referees

Tatami:

There will be three or four Tatamis.

Starting-fee:

The entry fee is 40 Swiss francs or euros

The entry fee for Kata –Teams is 90 Swiss francs or 90 euros

Payment:

The entry fee must be paid to the following bank account by April 12th at the latest.

Account: Nidwaldner Kantonbank Stans, Shinkyokushin
IBAN: CH7300779014053015610
SWIFT: NIKACH22

Insurance:

Participants have to organize their own insurance.
The Organizer rejects any responsibility.

Application form:

before 2th of April 2025
If there are not enough participants registered in the Kumite or Kata categories, the category will be cancelled

Organisation:

IKKA International Shinkyokushin-Karate Academy Stans
Member of Shinkyokushin Switzerland SSKA

Director:

Shihan Peter Steinmann

18. Swiss – Open Juniors Championship 2025 - Supporter

Headprotection will be provided !

	for Head	for Shin & instep	for Knee	for Fist	for Groin	For Chest	
Boys	Must	Must	Optional	Must	Must		
Girls	Must	Must	Optional	Must	Optional	Must	
Boys U16-18	Optional	Must	Optional	Must	Must		
Girls U16-18	Optional	Must	Optional	Must	Optional	Must	

The hand and leg protection must be made of soft white material.

